

The Sumac Bar May 06

Sat. 06.05

Acoustic Jam
Bring instruments, voice
or ears

+the people's kitchen

every Saturday

18.30-20.30
**good hot food for
donations**

every Wednesday:
Scroat Cinema

bar open + hot food for donations from 19.30

Thurs 11.05 + 25.05
Quiz Night

Sat. 13.05

No Borders! benefit night
of quality music from
Trickster, Jezz Hall,
Lonesome Jonesome &
Jonathan Beckett

Fri. 19.05

Live! Acushla

Upbeat folk
from some of the
finest musicians in the East midlands

Sat. 27.05

E.L.F. Political Prisoner Support Benefit

**Fighting the Green Scare
& Open Mic**

www.sumac.org.uk

Forest Fields Social Club
Members and Guests welcome
245 Gladstone St.
Forest Fields
0845 4589595